



**ANA LIFFEY**

**DRUG PROJECT**

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## Naloxone stories from the Midwest

Insights from staff and service users to mark  
International Overdose Awareness Day  
31st August 2021

**#TimeToRememberTimeToAct**

"I used naloxone in a hostel setting. I came across a friend overdosing, I got my naloxone out and used it on my friend. My friend came around after a couple of minutes. Naloxone is a life saver, I felt very proud of myself, everybody should have naloxone" Damo, Service User

"Having come across a young male overdosing in a public toilet in Limerick City, I had no naloxone in my possession the only option I had was to perform CPR. A couple of weeks later I came across a young women overdosing in a park, this time I had naloxone with me. I administered the naloxone which resulted in the young girl coming out of the overdose. The difference I felt, the confidence I had knowing I had naloxone on me, it made all the difference, naloxone saves lives"

Pat, Staff Member



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"I only used it last week, I panicked at first, and I didn't know where I left the naloxone. When I found it, I used it straight away and called an ambulance. The ambulance driver said I saved that kids life. I felt very proud. Naloxone should be in vending machines all over the city " Chris, Service User



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"I was afraid at first incase I gave them too much so I stuck it into the top of his leg and gave him 2 doses instead of one because I panicked as it was my first time doing it. Then I was so happy when I seen him coming around and he started shivering and seemed really cold so I put a jumper on him first and then a cardigan around him and I was so happy I had actually saved someones life. I recommend naloxone 100% because it will and has saved so many peoples lives" Teresa, Service User

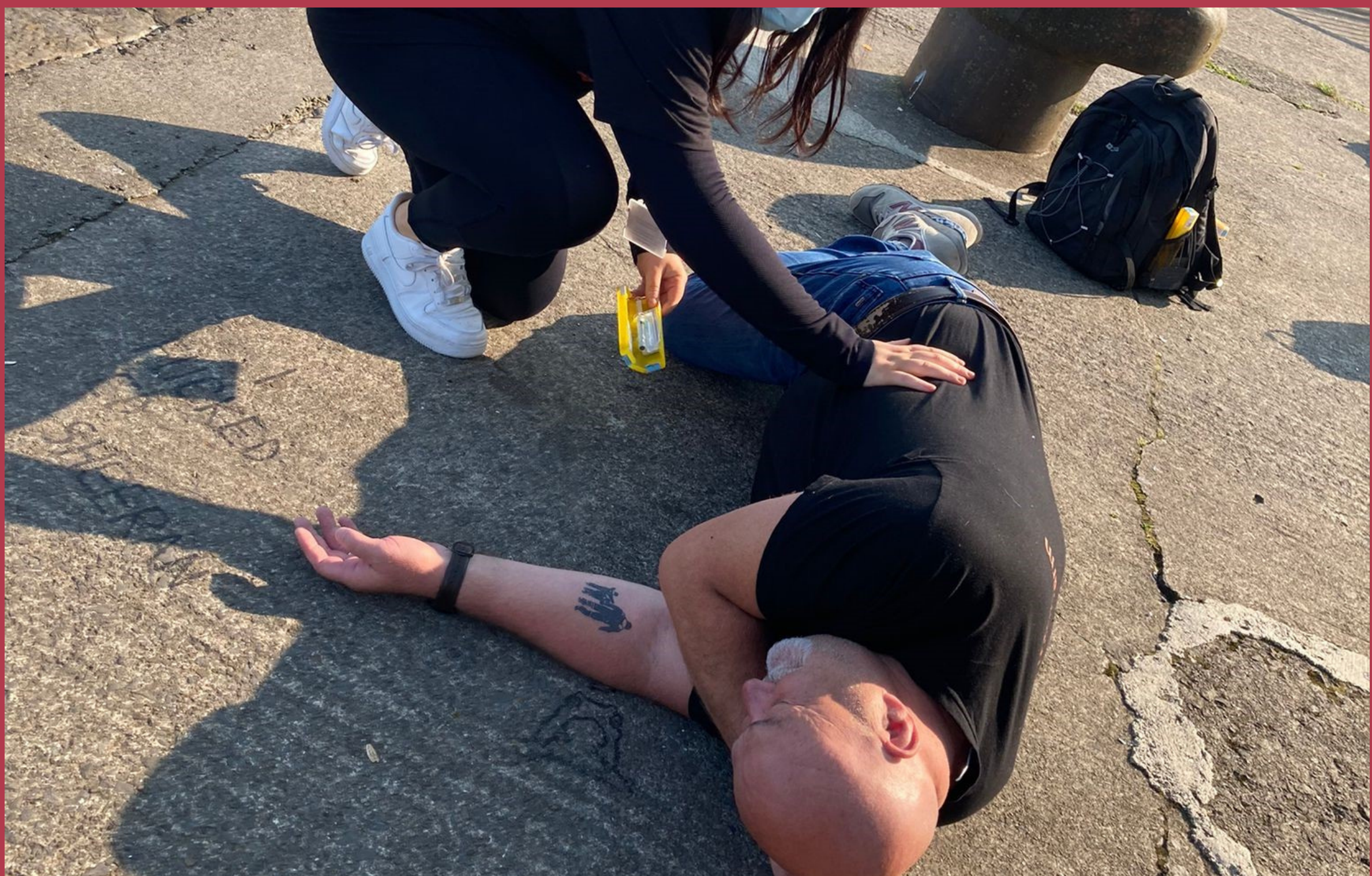
"Naloxone saves lives and has saved many of my friends. I feel proud to carry naloxone around and have given it to friends overdosing. It's a lifesaving drug, and it helps and will continue to help save many people's lives in Limerick City" AP Service User



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"My daughter, who is 3 years off drugs, told me she had overdosed in the past. Her boyfriend used naloxone on her to save her life. My lovely daughter who is doing so well and I have a wonderful relationship now with only for naloxone we would not have today. My daughter has come a long way from then and as a parent I am very grateful that she had naloxone on that day" Family Member



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**"I have never used naloxone on anyone before, but having been the person who overdosed and my friend using it on me, shows naloxone works. I do believe had the person not given me naloxone I would not be able to say this piece today. I am forever grateful for what that person has done and I now carry naloxone with me"**

**Shannon, Service User**

**" I came across a person overdosing, I was terrified but remembered the training I had got and I always carried naloxone in my bag. I got over the fear and used it, I felt brilliant saving someone's life. 100% everybody should carry naloxone on them"**

**User**



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For more information on the  
Ana Liffey Drug Project  
Midwest go to  
[https://www.aldp.ie/regions/  
mid-west-region/](https://www.aldp.ie/regions/mid-west-region/)

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