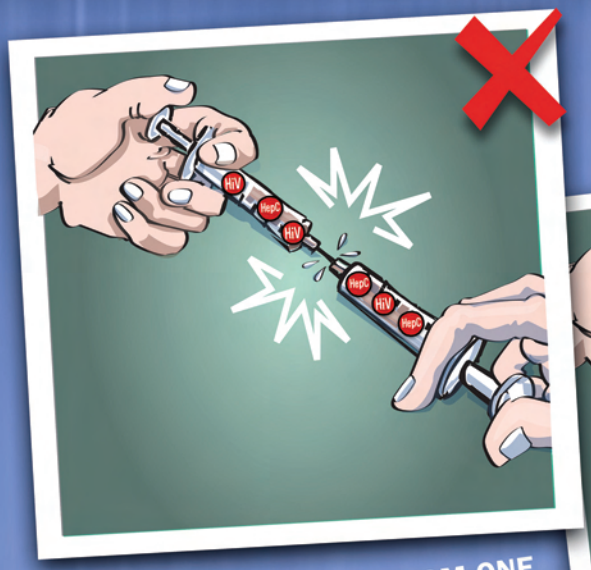
YOU CAN AVOID HEP C & HIV



SQUIRTING COKE SOLUTION FROM ONE USED WORKS TO ANOTHER SYRINGE MEANS YOU CAN PASS ON HIV AND HEP C.

BANGING UP COKE?
USE CLEAN WORKS

THE SAFEST WAY TO AVOID HEP C AND HIV IS TO SHARE COKE AS A POWDER AND NOT AS A SOLUTION. USE YOUR OWN WORKS, WATER, FILTER AND SPOON.

1 SPLIT THE COKE IN POWDER NOT SOLUTION

2 COOK IT UP TO AVOID IMPURITIES

USE THE COLOURED SYRINGE MARKERS

FOR MORE INFORMATION ON SAFER INJECTING CONTACT:

ANA LIFFEY DRUG PROJECT	878 6899
HSE OUTREACH	882 0300
MERCHANTS QUAY IRELAND	679 0044
UISCE	873 3799

IF YOU ARE GOING TO SHARE COKE IN A SOLUTION ALWAYS USE CLEAN WORKS

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BANGING UP COKE?
USE CLEAN WORKS

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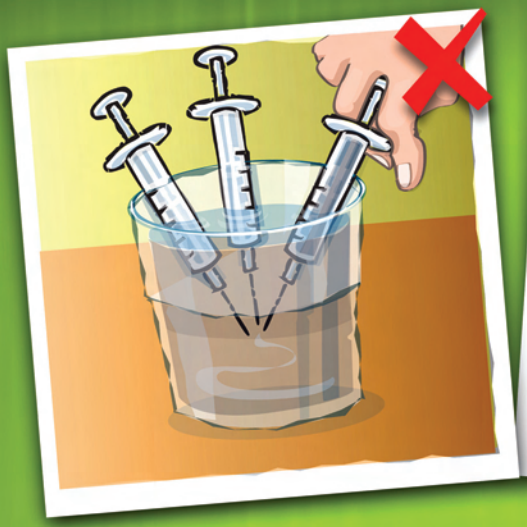
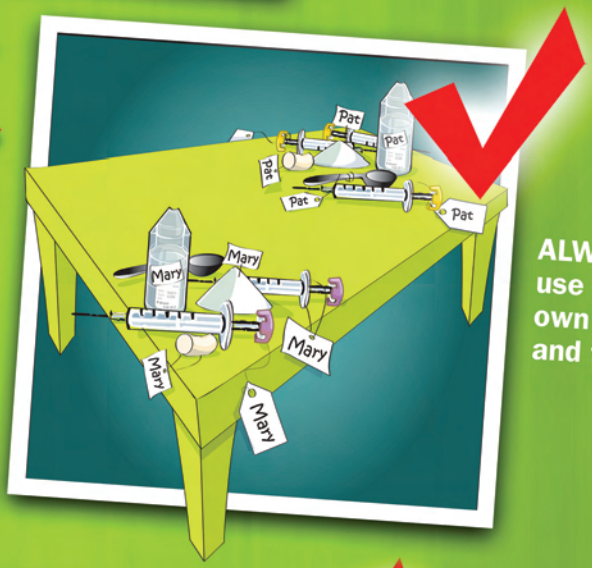


NEVER share water

ALWAYS use your own water[1] for cleaning your syringe or mixing-up your coke.

NEVER share spoons or filters



ALWAYS use your own spoon and filters

NEVER share tooters

ALWAYS use your own tooters

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[1] It is best to use sterile water from your needle exchange or boil water and let it cool.

CLEANING YOUR SYRINGE WITH WATER DOES NOT PROTECT YOU FROM HEP C AND HIV, ALWAYS USE YOUR OWN CLEAN WORKS

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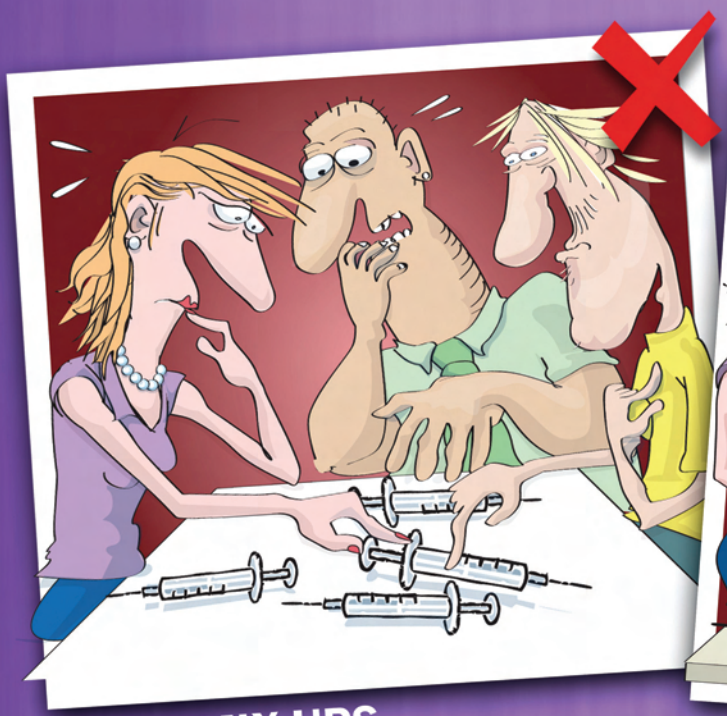
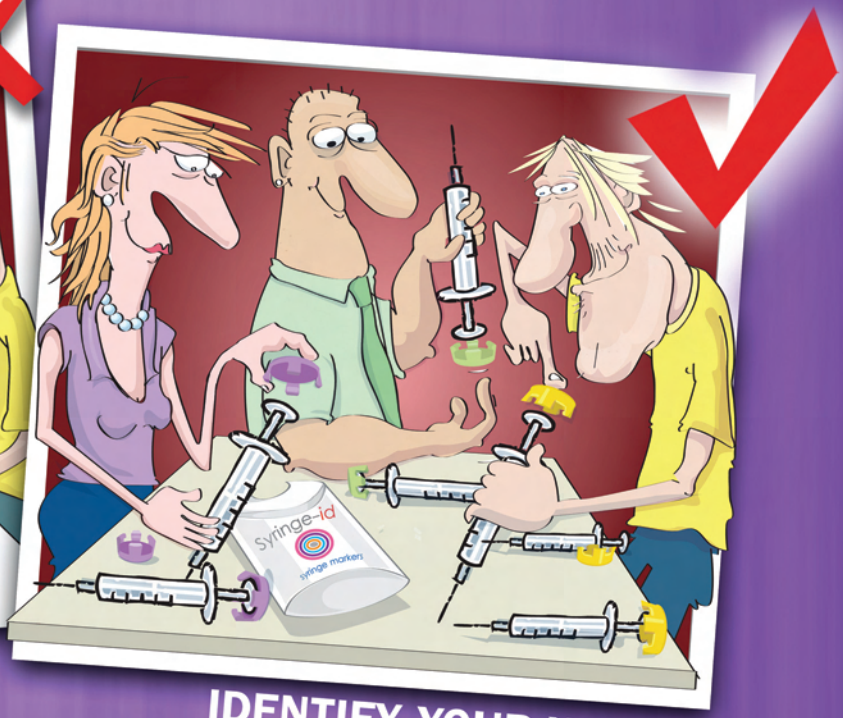
YOU CAN AVOID HEP C & HIV

USE THE COLOURED SYRINGE MARKERS

BANGING UP COKE?
USE CLEAN WORKS



AVOID MIX-UPS



IDENTIFY YOUR WORKS

Remember; there are different forms of HIV and Hep C, protect yourself, your partner and friends.

Use syringe markers and always know what syringe is yours.

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IF YOU DON'T HAVE A SYRINGE MARKER, MAKE SURE YOU MARK YOUR SYRINGE ANOTHER WAY

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